



**Clearwater Cardiovascular & Interventional Consultants**

**OUTPATIENT CATHETERIZATION**

- 1.) YOUR PROCEDURE HAS BEEN SCHEDULED FOR \_\_\_\_\_ BETWEEN 7 A.M AND 5 P.M. **YOU WILL NEED TO ARRANGE FOR A CAREGIVER TO STAY WITH YOU THROUGHOUT THE OVERNIGHT HOURS FOLLOWING YOUR PROCEDURE.**
  
- 2.) **A STAFF MEMBER FROM THE CARDIAC CATH LAB WILL CONTACT YOU LATE IN THE AFTERNOON ON THE BUSINESS DAY PRIOR TO YOUR PROCEDURE TO NOTIFY YOU OF THE EXACT TIME YOU NEED TO ARRIVE AND TO ANSWER ANY QUESTIONS YOU MAY HAVE.**
  
- 3.) THE DAY OF THE PROCEDURE YOU WILL COME TO THE HEART AND VASCULAR PAVILION. YOU WILL TAKE THE ELEVATOR TO THE **2<sup>ND</sup> FLOOR**, WALK TO THE DOUBLE STEEL DOORS FACING YOU AS YOU EXIT THE ELEVATOR AND DEPRESS THE DOORBELL TO THE RIGHT OF THE DOORS. YOU MAY THEN HAVE A SEAT AND A MEMBER OF THE CATH LAB STAFF WILL BE OUT TO GREET YOU.
  
- 4.) **DO NOT EAT OR DRINK AFTER MIDNIGHT** THE EVENING PRIOR TO YOUR PROCEDURE EXCEPT FOR MEDICATIONS WITH SMALL SIPS OF WATER UNLESS OTHERWISE INSTRUCTED BY YOUR PHYSICIAN.
  
- 5.) IF YOU ARE TAKING **DIABETIC MEDICATIONS, SUCH AS INSULIN, GLUCOPHAGE/METFORMIN, GLYBURIDE, GLIPIZIDE, ETC**, OR IF YOU ARE TAKING **BLOOD THINNERS (OTHER THAN ASPIRIN), SUCH AS COUMADIN/WARFARIN, XARELTO, ELIQUIS, EFFIENT, OR PRADAXA**, PLEASE HOLD AS FOLLOWS:

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**\*\* YOU MUST NOT TAKE VIAGRA, LEVITRA, OR CIALIS FOR AT LEAST 48 HOURS PRIOR TO YOUR PROCEDURE.\*\***

- 6.) **YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME FOLLOWING YOUR PROCEDURE. PLEASE LET US KNOW IF YOU NEED ASSISTANCE WITH TRANSPORTATION.**